

LAUREN RAINEY

BSN, RN, CEN, CPEN, SANE, WHNP-BC, NCMP

Education

Drexel University (2017)

MSN, Nurse Practitioner in women's health and gender related studies

Drexel University (2011) BSN

Accelerated Career Entry (ACE) Program

Neumann University (2009) BS, Biological sciences

Current Licensure/Certifications

Delaware Registered Nurse License # L1-0040368

Pennsylvania Registered Nurse License # RN625894

Certified Emergency Nurse (CEN): Board of Certification for Emergency Nursing

Certified Pediatric Emergency Nurse (CPEN): Board of Certification for Emergency Nursing

Sexual Assault Nurse Examiner (SANE)

Advanced Cardiac Life Support (ACLS)

Pediatric Advanced Life Support (PALS)

Trauma Nursing Core Course (TNCC)

Emergency Nursing Pediatric Course (ENPC)

Emergency Nursing Pediatric Course Instructor (ENPC-I)

American Heart Association Healthcare Provider CPR and AED

Neonatal Resuscitation Program (NRP)

Professional Memberships

Sigma Theta Tau International Honor Society of Nursing, Nu Eta Chapter

American Association of Nurse Practitioners (AANP) student member

Delaware Coalition of Nurse Practitioners (DCNP) student member

Nurse Practitioners in Women's Health (NPWH) student member

American Society of Reproductive Medicine (ASRM) member

Emergency Nursing Association (ENA) member

Delta Epsilon Sigma Honor Society, Delta Pi Chapter

Honors

Sigma Theta Tau International Honor Society of Nursing

Delta Epsilon Sigma Honor Society

Selected presenter at Southeastern Pennsylvania Consortium for Higher Education Honors Conference

Teaching Fellow (Neumann University, 2008-2009)

Professional Experience

01/2015 to present. Registered Nurse, Bayhealth Smyrna Freestanding Emergency Department. Staff nurse providing initial assessment and safe care to stabilize patients in a community freestanding emergency department.

06/2011 to present. Registered Nurse, Bayhealth Kent General Emergency Department. Staff nurse providing initial assessment and safe care to stabilize patients in a fast-paced trauma center.

07/2008 to 12/2011. EMT-B, St. Francis Hospital. Responded to 911 calls in the city of Wilmington, providing care to the critically ill and injured.

09/2007 to 06/2009. EMT-B, Transcare. Monitored patients during inter-facility transports.

01/2007-02/2007. QS Pharma. Formulation intern, prepared drugs for clinical trial.

Professional and Academic Projects and Presentations

Rainey, L. (2017). Anemia in Pregnancy. Drexel University, oral presentation.

Rainey, L. (2017). GERD in pregnancy. Drexel University, oral presentation.

Rainey, L. (2017). Vaginal Birth After Cesarean Section. Drexel University, oral presentation

Rainey, L. (2016). Drug Facilitated Sexual Assault. SANE training, oral presentation.

Rainey, L. (2015). Health Reform and the Nurse Practitioner Role in Transforming Health Delivery. Drexel University, oral presentation.

Rainey, L. (2012). Endocrine Emergencies. Emergency department fellowship, oral presentation.

Rainey, L. (2012). Shock. Emergency department fellowship, oral presentation.

Rainey, L. (2009). Reducing the Prevalence of Alzheimer's Disease through the Reduction of Risk Factors. Presented at the Southeastern Pennsylvania Consortium for Higher Education Honors Conference.

Integrated the Baby Friendly Hospital Initiative into the Kent General emergency department, making the ED "breastfeeding friendly" through resource allocation and staff trainings (2013).

Co-creator of the Emergency Department Fellowship program at Kent General Hospital (2012). Preceptor and instructor 2012 to present.

Clinical Experience

04/2017 to 05/2017. Women's health nurse practitioner clinical preceptorship Delaware Institute of Reproductive Medicine, under the preceptorship of Jeffrey Russell, MD, FACOG. Infertility, fertility preservation, hormone balancing, family planning. (89 hrs)

04/2017 to 05/2017. Women's health nurse practitioner clinical preceptorship Philadelphia Health Center #4, under the preceptorship of Betsy Batejan, CNM. Government run high & low risk OB/postpartum care clinic. (72 hrs)

01/2017 to 03/2017. Women's health nurse practitioner clinical preceptorship The Birth Center: Holistic Women's Healthcare, under the preceptorship of Kathleen McCarthy, CNM. Comprehensive gynecological and low risk OB/postpartum care with a holistic emphasis. (160 hrs)

09/2016 to 12/2016. Women's health nurse practitioner clinical preceptorship First State Women's Care, under the preceptorship of Stefanie Barnes, CNM. Comprehensive gynecological and high & low risk OB/postpartum care. (160 hrs)

06/2016 to 08/2016. Women's health nurse practitioner clinical preceptorship

Drexel University College of Medicine, under the preceptorship of Maureen Kane, WHNP and Crystal Bianchi, WHNP. Comprehensive gynecological and high & low risk OB/postpartum care (160 hrs).

Clinical Skills

Comprehensive adult history and physical exam
Documentation in electronic record
Lab interpretation
Prescribing and managing appropriate medications
Breast exam
Full vaginal exam- speculum and bimanual
Pap smear
Wet mount preparation and microscopic visualization
Screening for sexually transmitted infections
Contraceptive counseling & management
IUD insertion & removal (certified)- Mirena, Liletta, Paragard
Nexplanon Insertion & removal (certified)
Cervical polypectomy
Vulvar biopsy
Cervical biopsy
Endocervical curettage
Endometrial biopsy
Hysteroscopy
IUI
Basic transvaginal sonography

Continuing Education:

American Association of Nurse Practitioners National Conference (upcoming, June 20-25, 2017):

Basic Suturing
Aromatherapy: Introduction for clinical use
Women's Health Ultrasound Workshop
Custom Compounded vs FDA-Approved Bio-Identical Menopausal Hormones
Difficult IUD insertion
GYN exam challenges

Women and Opioid Use Disorder: Optimizing Care During Pregnancy and Beyond
Folic Acid Supplements in Women of Capable of Childbearing: Guidelines Update
Public Health Strategy to Integrate Preventive Reproductive Health into Primary
Care

Menopausal Insomnia

The Threat of Poor HPV Vaccine Uptake & the Fight Against Cancer